



**Blessed is THE SOURCE OF ALL, who forms humans in wisdom,  
with possibilities for communication and connection.**

**Before the vastness and weight of THE DIVINE,  
we recognize and acknowledge essential networks, within us and around.**

**Any disruption or blockage threatens survival and health of the whole.**

**None of us are free, if one of us is chained.**

**We are never truly safe,  
if one is unprotected.**

**Amid sources of division,  
keep us mindful of interconnectedness,  
collective responsibility and strength.**

**Blessed is THE HEALER and THE SUSTAINER  
of ALL CONNECTION.**

-- based on one of Judaism's morning prayers, Songeveryday.org (Image by Gerd Altmann from Pixabay)

TEXT [appears on background of a network, with denser connections at center]: Blessed is THE SOURCE OF ALL, who forms humans in wisdom, with possibilities for communication and connection. Before the vastness and weight of THE DIVINE, we recognize and acknowledge essential networks, within us and around. Any disruption or blockage threatens survival and health of the whole.

None of us are free, if one of us is chained. We are never truly safe, if one is unprotected.

Amid sources of division, keep us mindful of interconnectedness, collective responsibility and strength.

Blessed is THE HEALER and THE SUSTAINER of ALL CONNECTION.

-- V. Spatz, based on one of Judaism's morning prayers

(Image by [Gerd Altmann](#) from [Pixabay](#))